Complex Chronic Disease Team (CCDT)

About the service
The Complex Chronic Disease Team (CCDT) provides a range of services for people with complex health issues who are at risk of admission/readmission to hospital or frequent presentation to emergency departments. CCDT provides assessment and intervention to support people in managing their complex care needs and chronic disease to minimise complications.

What services are available
Complex Chronic Disease is a time-limited service, available in Community Health Centres throughout the Metro North region.

The service may include:
• Specialist Outpatient Clinics held at North Lakes Health Precinct and Nundah Community Health
• Nurse Practitioner Clinic held at North Lakes and Nundah
• Multidisciplinary clinics including Dietitian, Exercise Physiologist, Neuropsychologist, Occupational Therapist, Physiotherapist, Psychologist, Social Work, Speech Pathologist
• Group rehabilitation programmes for Cardiac and Pulmonary Rehabilitation – exercise and education.

Am I eligible for services?
Please contact our Central Referral Unit to discuss eligibility for services provided by the Complex Chronic Disease Team.

Do I need referral?
You will need a referral from a hospital, General Practitioner or other health professional.

Is there a cost?
Generally, there is no cost for services provided by the team.

Contact
The Central Referral Unit accepts referrals Monday to Friday. Please forward to one of the below:

- Brisbane City Council Catchment
  Phone: 1300 658 252
  Fax: (07) 3139 6522

- Moreton Bay Regional Council Catchment/Kilcoy
  Phone: 1300 658 252
  Fax: (07) 3049 1260

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