



Mental health services in Brisbane North

phn
BRISBANE NORTH
An Australian Government Initiative

Brisbane North PHN offers a range of mental health, alcohol and other drugs and suicide prevention services to support people in the Brisbane North and Moreton Bay region.

Brisbane North PHN supported the establishment of three new integrated mental health service hubs (hubs). The hubs support people with severe mental illness by integrating a range of clinical and non-clinical supports within the one service.

The mental health hubs are commissioned by Brisbane North PHN and there is no cost to the client.

The hubs deliver services across the region with their locations aligned to the Metro North Mental Health Service catchment areas. Each hub is operated by a different provider with extensive experience in providing services to people with severe and complex mental illness.

- In the Royal Brisbane and Women's Hospital catchment: **Communitify**, in partnership with Toowong Private Hospital, Brisbane Youth Service, Open Minds headspace, Eating Disorders Queensland, and Wesley Mission will operate the **'Recovery and Discovery Centre'**
- In the Prince Charles Hospital catchment: **Neami National** will operate the **'Living and Learning Centre'**
- In the Redcliffe/Caboolture catchment: **Aftercare** will operate **'Floresco Caboolture'**

Each mental health hub provides integrated services including:

- assessment, triage and intake
- service navigation
- care coordination
- psychological therapy (mostly group)
- physical health care
- psychosocial support

- assistance to access the NDIS
- a range of in reach services provided by external providers (e.g. AOD treatment, employment, housing, finance)
- each hub also provides outreach services.

How to refer to the service hubs

To be eligible people must:

- be 18 years and over
- have a diagnosable severe or severe and complex mental illness (episodic or persistent)
- be experiencing significant disruption to their daily life, wellbeing and functioning.

People who are experiencing acute mental illness should continue to be referred to **Metro North Mental Health Services via 1300 MH CALL**.

To refer participants to Brisbane North PHN funded services, including the hubs, GPs and service providers should complete the My Mental Health Services eReferral form via GP Integrator or HealthPathways.

If your organisation does not have this software installed we recommend you contact your Brisbane North PHN Primary Care Liaison Officer (PCLO) to organise installation or alternatively, contact the **My Mental Health Service Navigators on 1800 752 235**, who will complete the My Mental Health Services eReferral form on your behalf.



Brisbane MIND services

The refocused Brisbane MIND program delivers short term psychological therapies to underserved population groups who have moderate mental illness and are experiencing financial hardship (and must hold a healthcare/pension card).

The Brisbane MIND program has a greater focus on wrap-around support and delivery of specialist services to specified population groups. This program consists of:

- Specialist psychological therapies for children (aged 0–11) Brisbane MIND4KiDS:
 - » Moreton Bay North / Redcliffe - North Lakes – **yourtown**
 - » Pine Rivers / Brisbane North / Brisbane Inner City / Brisbane West – **Aftercare**
- Specialist psychological therapies for LGBTIQ Communities – **Queensland AIDS Council**
- Specialist psychological therapies for culturally and linguistically diverse populations – **World Wellness Group**
- Specialist psychological therapies for people at risk of suicide – **Health4Minds**
- Specialist psychological therapies for people who have experienced trauma and abuse:
 - » Brisbane Inner City – **Axis Clinic**
 - » Moreton Bay North / Redcliffe - North Lakes / Pine Rivers / Brisbane North / Brisbane West – **Health4Minds**.

In addition to delivering specialist psychological therapies for specific populations, we have also engaged providers to continue to offer support in particular priority regions.

- Kilcoy – **Rhonda Lawson and Associates**
- Bribie Island – **Ms Sue Eaglesham**.

Referrers are required to submit referrals through the My Mental Health Services eReferral (rediCASE) using the GP Integrator or via HealthPathways. The My Mental Health Services eReferral allows for the mental health treatment plan to be attached for Brisbane MIND and Brisbane MIND4KiDS referrals.



For further information about the new program and how to refer, please contact the My Mental Health Service Navigators on 1800 752 235.