Paediatric Services Directory – Metro North District

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Brisbane North PHN acknowledges the collaboration with Caboolture Hospital, Metro North Hospital and Health Service in the development of this directory.

Queensland Health – Hospital Services

Caboolture Hospital Paediatric Services
The Paediatric unit at Caboolture is a 12 bed unit catering for children ages from birth to 16 years and their families.

Address: McKean Street Caboolture QLD 4510
Phone: 07 5433 8888

Caboolture Hospital Paediatric Diabetes Services
The Paediatric diabetes service currently looks after the needs of approximately 55 children with type 1 diabetes aged 0 – 16yrs. The Clinic is run on a Monday from 1:00pm.


Caboolture Hospital Audiology (see Audiology)

Redcliffe Hospital Paediatric Services
The Paediatric unit at Redcliffe is a 10 bed unit, with a 6 bed short stay area in development. This unit caters for children from birth to 16 years of age and their families.

Address: Anzac Ave, Redcliffe QLD 4020
Phone: 07 3883 7777

The Prince Charles Hospital Paediatric Services
Specialist children’s health services to Brisbane’s growing Northside community.

Based around family-centred care, include a dedicated children’s emergency department with a separate entrance and waiting room, 12 paediatric treatment spaces, 20 inpatient beds for same-day and overnight stays, and specialist outpatient clinics

Address: Rode Road, Chermside QLD 4032
Phone: 07 3139 4000

Lady Cilento’s Children’s Hospital (South Brisbane)
The Lady Cilento Children’s Hospital provides secondary level health services for children living in the Brisbane local government area (excluding The Prince Charles Hospital local catchment) and tertiary level health services for children in Queensland and northern New South Wales. Patient referrals are accepted from hospital and private consultants, and general practitioners.


Main phone: 07 3068 1111

Child Protection and Forensic Medical Service
Provides 24 hour child protection clinical and consultation services, multidisciplinary assessment of the health needs of children who have been harmed or are at significant risk of harm as a result of child abuse and neglect.

Services through a network of health professionals including: specialist paediatricians, social workers, occupational therapists, speech pathologists and clinical nurses within the hospital and community child health settings.

Child Advocacy Service Paediatricians are also members of the Suspected Child Abuse and Neglect Teams (SCAN Teams) that operate within the District.

Target population Children who are aged 0-18 years living in the Children’s Health Services district.
Intake Officer: 07 3068 2660
On-call Child Advocacy Service Paediatrician: 07 3068 1111
Fax: 07 3068 2659
Address: 2F Lady Cilento Children’s Hospital, 501 Stanley Street, South Brisbane, QLD 4101
Email: childprotectionlcch@health.qld.gov.au

Queensland Hearing Loss Family Support Service (see Audiology)
Aboriginal and Torres Strait Islander Youth Services

Aboriginal and Torres Strait Islander Ear Health Program (Deadly Ears)
Services provided to children of Aboriginal and Torres Strait Islander background. State wide service target group 0 -4yrs.

Phone: 07 3250 8509

Institute Urban Indigenous Health (IUIH)
Child and Maternal Health Program
Mums and Bubs, with Midwife and Child Health Nurse and the “Work it out” exercise program.
Moreton Bay Aboriginal and Torres Strait Islander Community Health Service

Morayfield
Address: 10 Walkers Way, Morayfield QLD 4506
Phone: 07 5429 1000

Strathpine
Address: 6/199 Gympie Road, Strathpine QLD 4500
Phone: 07 3897 0500

Deception Bay
Address: 675 Deception Bay Road, Deception Bay QLD 4508
Phone: 07 3049 2299

Jabiru
Jabiru REspec connects with young people and their families on Brisbane’s north side, in the communities around Wavell Heights through to Bald Hills.

Address: Cnr Barrett & Bracken Sts Bracken Ridge QLD 4017
Phone: 07 3269 0044
Web: www.respec.org.au/

Kids Youth Community
KYC Consultancy provides professional consultancy and direct service provision services in the development of young people and communities as well as to youth and community sector services and departments.

Address: 3 James Street, Caboolture QLD 4510
Phone: 07 5428 3589
Fax: 07 5428 3561

Kurbingui Youth Development
Youth and cultural activities, including family support and child safety in the Yeaca Dhargo Family Support Service.

Address: 425 Zillmere Road, Zillmere QLD 4034
Web: www.kurbingui.org.au/

Kurbingui Phone: 07 3162 3146
Yeaca Dhargo Phone: 07 3265 3260

Ngarrama Child Health
Supporting Aboriginal and Torres Strait Islander Families in Brisbane North and Moreton Bay regions Child health drop in clinic.

Paediatric Specialist Clinic (children 3-16yrs who identify as Aboriginal and/or Torres Strait Islander who have concerns about behavioural issues and developmental delays

Phone: 07 3492 1825

Hearing Health Clinics (no age limit)
School Hearing Health Clinics

Contact Details:
Ngarrama Home Brisbane North and Moreton Bay regions  Phone: 07 3492 1807
Ngarrama North Caboolture Hospital   Phone: 07 5433 8118
Ngarrama Royal RBWH               Phone: 07 3636 3759
Ngarrama East Redcliffe Hospital  Phone: 07 3049 6849

Youth Reach and VSM 24 hour Crisis Hotline
KYC Consultancy provides professional consultancy and direct service provision services in the development of young people and communities as well as to youth and community sector services and departments.

Youth Reach Program: Supporting young people and families affected by volatile and other substance misuse. The program provides intensive case management, family work, community, worker and young people education and training. 24hrs/7 days per week, 365 days per year crisis assistance for young people aged 12 – 17 affected by volatile and other substance misuse.

After School Indigenous Homework Support: KYC offers this program assisting children and young people to complete homework and assignments to stay in school. Please call Roseanne on 5428 3589 for more details.

Hip Hop Dance Program: This weekly activity is run after school for those that have completed or disengaged from school. Please phone Namila on 07 5428 3589 for more information.

Phone: 07 5432 4360
Audiology

Aussie Deaf Kids
Aussie Deaf Kids aims to empower parents raising a child with hearing loss through online support, information and advocacy.

Caboolture Early Intervention Centre Phone: 07 5431 6111
Taigum Phone: 07 3632 9817

Caboolture Hospital Audiology
Children must be 16 years and younger, Medicare eligible, and reside north of the Pine River.

The service does not see children for:
- Habilitative devices such as Assistive Listening Devices (ALD), hearing aids or surgical hearing devices such as cochlear implants and bone anchored hearing aids (however future demands may lead to future CI mapping services);
- Vestibular disturbances;
- Central Auditory Processing Disorder assessment.

Referrals through Central Patient Intake
Hotline: 1300 364 938
Fax: 1300 364 952

Hear and Say
Hear and Say interfaces the latest technology (digital hearing aids and implantable technology such as cochlear implants) with the Auditory-Verbal Therapy approach. Working with parents Hear and Say provides babies and children with the best access to sound, speech and language. The program also includes diagnostic services to assess and manage children’s hearing no matter how mild or profound.

For initial enquiries contact the Brisbane Centre and Qld Head Office including Telehealth program for regional and remote families in Ashgrove on 07 3850 2111 or mail@hearandsay.com.au

Other locations:
Sunshine Coast - 07 5441 0400
Gold Coast – 07 5562 1877
Darling Downs, Toowoomba – 07 4639 6425
Cairns – 07 4032 3753
Townsville – 07 3875 2111


Queensland Hearing Loss Family Support Service
Based at St Paul’s Terrace and the Townsville Hospital, the Queensland Hearing Loss Family Support Service provides a statewide service to the families of infants and children who are deaf or have permanent hearing loss until the child has completed Year 1 of schooling.

The service offers families support, advocacy, assistance in coordinating the different services they access and counselling.

Referrals are received from the Statewide Newborn Hearing Screening Program. Families are encouraged and able to self-refer and are encouraged to contact if they want further information or support. Professionals within the hearing loss sector are also welcome to refer.

Contact the Queensland Hearing Loss Family Support Service and ask to speak to a Family Support Facilitator.

Phone: 07 3250 8555 or 1800 352 075
Fax: 07 3250 8608
Address: 184 St Paul’s Terrace, Spring Hill QLD 4000
University Queensland Health and Rehabilitation Clinics
The UQ Audiology Clinic provides a comprehensive diagnostic and rehabilitative audiological service for babies through to teenagers, located at UQ’s St Lucia campus, fees involved

Phone: 07 3365 2232
Web www.uq.edu.au/healthclinics
**Bereavement Services**

**SIDS and Kids**  
SIDS and Kids is dedicated to saving the lives of babies and children during pregnancy, birth, infancy and childhood and supporting bereaved families  

Phone: 1300 308 307  
Web: [www.sidsandkids.org/](http://www.sidsandkids.org/)

**The Children and Young People’s Bereavement Centre Red Hill** (St Vincent’s)  
Support service for school-aged children and young people affected by the terminal or prolonged illness of a close family member. The centre also provides grief support for families where sudden death has occurred.  

Phone: 07 3240 1190  
Fax: 07 3367 1289  
Cancer Support Programs

Skattle
Supporting Kids and Teens through life changing experiences
Web: http://skattle.org.au/

CanTeen
CanTeen supports young people aged 12 – 24yrs when cancer turns their world upside down and helps them cope with the physical, emotional and practical impact of living with cancer

Address: 2/24 Light Street, Fortitude Valley QLD 4006
Phone: 07 3107 8892
Web: www.canteen.org.au

Mummy’s Wish
Support Australian families with children under 12 through the provision of practical, immediate and non means tested support whilst mum is receiving treatment for cancer.

Phone: 07 3102 2709 or 07 3103 0649
Web: www.mummyswish.org.au

My Parent’s Cancer
Website created in response to research conducted by the National Breast Cancer Centre* which revealed that there is a lack of online information for young Australians whose parent(s) have cancer.

The information on this website has been written to appeal to young people aged 13 to 19 years who are experiencing a range of emotions while trying to cope with the fact that their parent has cancer.

Child Health and Development Services

Child Health Clinics Moreton Bay

**Caboolture Community Health Centre**
Child Youth and Family Health Services provide information, support counselling, early intervention and prevention programs, developmental assessments, for children, young people and families

Address: McKean St, Caboolture, QLD
Phone: 07 5433 8300
Fax: 07 5433 8322

**Early Years Centre for family support and child development**
The Caboolture Early Years Centre (EYC) families with young children and expectant parents can meet other families, obtain assistance from professionals who can help with children and families, and attend groups and programs especially designed for young children and their families

Phone: 07 5428 1477

**Child Development Service North Lakes**
Assessment and treatment services for infants and children age 0 -4yrs experiencing developmental difficulties. Phone: 3049 1266

**Paediatric Diabetes Service** for children aged 0 – 16yrs.
North Lakes Clinic Thursdays from 1pm
Caboolture Clinic Mondays from 1pm
Phone: 07 3049 1523

Referrals for North Lakes, Redcliffe and Caboolture areas to Central Referral Unit Fax: 07 3049 1260

**Ngarrama Child Health**
Supporting Aboriginal and Torres Strait Islander Families in Brisbane North and Moreton Bay regions
Child Health Drop in clinic

Paediatric Specialist Clinic (children 3-16yrs who identify as Aboriginal and/or Torres Strait Islander who have concerns about behavioural issues and developmental delays)

Phone: 07 3492 1825

Child Health Clinics Metro North Brisbane and Pine Rivers

**Child & Family Health Clinics 0-12 years**

Phone: 1300 366 039 to arrange an appointment at the clinic or for home visits.

**Child Development Services Keperra Community Health**
Early intervention for children aged 0 – 5yrs. who have a developmental concern
Metro North and Pine Rivers Phone: (07) 3335 8888 Fax: (07) 3335 8869

**Child Development Services Strathpine (Pine Rivers Community Health)**
This service provides specialist developmental services involving early identification, multidisciplinary assessment and treatment for children under school age 0 - 4 years with developmental difficulties

Enquiries Phone: 07 3817 6333
Referrals to Keperra Community Health Fax: 07 3335 8869
Royal Children’s Hospital Red Flag Referral Guidelines for developmental problems (Resource)
Early intervention guide for children aged 0 – 5yrs, who have a developmental concern

Queensland Centre for Perinatal and Infant Mental Health
A child-centered, family focused support service that aims to assist families to parent their children more safely. Volunteer Parent Aides home visit families with children aged 0-5 years for 2 hours per week for up to 12months providing parenting, practical and emotional support. Referred families need to have an identified case manager in place and reside in the Royal Children's Hospital catchment.

Future Families is for parents of children aged 0-4 years who have attachment issues
Enquiries Phone: 07 3266 3100

Ellen Barron Family Centre
Provide a multi-disciplinary, specialist child health service to families who require support with building practical skills and confidence in parenting. Cater for families living in Queensland, Northern New South Wales and the Northern Territory. Catchment area restrictions apply.
Address: Rode Road, Chermside, QLD
Phone: 07 3139 6500
Fax: 07 3139 6555

Queensland University Technology Health Clinics
Paediatric Clinic up to 17yrs
Podiatry, Optometry, Nutrition, Psychology assessments and one on one session, some fees involved
44 Musk Ave, Kelvin Grove
Phone: 07 3138 9777
Web: www.healthclinics.qut.edu.au/

University Queensland Health & Rehabilitation Clinics
Children’s Speciality Clinics
Paediatric specialist services in hearing, speech and language, motor and learning development, fees involved.
Address: Services Road, St Lucia QLD 4067
Phone: 07 3365 2232
Web www.uq.edu.au/healthclinics

Immunisation Clinics

Moreton Bay Regional Council
Residents of Moreton Bay Region, which comprises the districts of Caboolture, Pine Rivers and Redcliffe, are able to access any of the free immunisation clinics.
Phone: 07 3205 0555
Web: www.moretonbay.qld.gov.au/immunisation/

Brisbane City Council Immunisation Clinics
Eligibility: Council childhood immunisation clinics can vaccinate children from six weeks until eight years of age.
Child Safety and Emergency Services

Child Protection and Forensic Medical Service
Provides 24 hour child protection clinical and consultation services, multidisciplinary assessment of the health needs of children who have been harmed or are at significant risk of harm as a result of child abuse and neglect.

Services through a network of health professionals including: specialist paediatricians, social workers, occupational therapists, speech pathologists and clinical nurses within the hospital and community child health settings.

Child Advocacy Service Paediatricians are also members of the Suspected Child Abuse and Neglect Teams (SCAN Teams) that operate within the District.

Target population Children who are aged 0-18 years living in the Children's Health Services district.

Intake Officer: 07 3068 2660
On-call Child Advocacy Service Paediatrician: 07 3068 1111
Fax: 07 3068 2659

2F Lady Cilento Children's Hospital
501 Stanley Street, South Brisbane
Email: childprotectionlchc@health.qld.gov.au

Child Safety Services
Regional intake where you have concerns for the safety of a child.

Brisbane
Phone: 1300 682 254
Fax: 07 3259 8771

North Coast (Caboolture, Redcliffe, Strathpine, Caloundra)
Phone: 1300 703 921 Fax: 07 5420 9049
After hours emergencies Phone: 1800 177 135


Domestic Violence Connect
Web: www.dvconnect.org/
Phone: 1800 811 811

Domestic Violence Web link
Queensland Domestic Violence Web Link (Qld DV Link) is a web-based directory of Queensland support services for people affected by domestic violence.

Web: http://qlddomesticviolencelink.org.au/category/brisbanenorth/

Kids Helpline
Phone: 1800 55 1800 (Free, 24 hour counselling service for young people aged 5-25 years)

KidsSafe Queensland
KIDSAFE is an independent not-for-profit, non-government, community organisation dedicated to the prevention of unintentional injury and injury death in children from birth to 16 years of age.

Address: 50 Bramston Tce Herston QLD 4029
Phone: 07 3854 1829

Lifeline
13 11 14 (24hr crisis support and suicide)
Mercy Family Services New Families Program
The program supports young women who are pregnant or parenting a young baby in circumstances that would, without participation in the program, result in their baby being assessed by the Department of Communities, Child Safety as being at risk of significant harm. Mothers and their babies can only be referred to the program by Department of Communities - Child Safety Services.

Brisbane region - Phone: 07 3340 5600

Web: www.mycommunitydirectory.com.au/Queensland/Brisbane/Accommodation_Services/General_Accommodation_Services/100239/Mercy_Family_Services/

Public Guardian
Services previously provided by the Child Guardian have been incorporated into the Public Guardian, including the Community Visitor Program for children in out-of-home care. The Public Guardian provides children in out-of-home care with advice, information and help:

- Mediating disputes
- Making complaints
- Before, during and after meetings
- Before, during and after court and tribunal hearings

For more information about the Public Guardian, phone 1800 661 533, SMS 0418 740 186 or email child@publicguardian.qld.gov.au.

Wesley Mission Brisbane Education & Child Care Service
Emergency and after hours child care
Home based and centre based
Phone: 07 3151 6160
Continence Clinics

Blue Care Mt Gravatt (covers Brisbane suburbs, clients attend clinic at Carina)
Dry bed program, fees involved

Phone: 07 3891 8040
Fax: 07 3891 8042

Blue Care Sandgate (covers Brisbane north suburbs, clinic at Sandgate)
Dry bed program, fees involved

Phone: 07 3869 7777

Mater Wellness Centre (private clinic)
South Brisbane
Wake Up Dry program –fees involved

Website: [http://wellness.mater.org.au/Our-Services/Physiotherapy/Outpatients](http://wellness.mater.org.au/Our-Services/Physiotherapy/Outpatients)
Phone: 07 3163 6000

Mars Clinic (private clinic)
Woolloongabba
Fees involved

Phone: 07 3346 1768
Culturally and Linguistically Diverse (CALD) Services

**Carers Queensland CALD program**
Carers Queensland’s Cultural and Linguistic Diversity (CALD) program assists eligible people and their families to access and receive Home and Community Care (HACC) and Queensland Community Care Services.

Phone: 1800 242 636  

**Ethnic Communities Council Qld**  
Parenting and child protection culturally and linguistically diverse (CALD)

Address: 253 Boundary Street, West End, QLD 4101  
Phone: 07 3844 9166

**Refugee Health Assessment Centre**  
Zillmere Refugee Health Assessment Centre provides health assessment by medical officer and nurse for newly arrived refugee families and commencement of vaccinations. Families are then linked with a General Practitioner for ongoing care. Referrals to other services are also provided as required. The service is for infants, children, young people and adults. The centre is located at the Zillmere Community Centre.

Address: 426 Zillmere Road, Zillmere QLD  
Phone: 1300 366 039.

**RESP-ECCT Multicultural Carer Support and Family Mental Health Support Services**
The program aims to provide flexible support that is responsive to families, carers, children and young people affected by mental illness or at risk of a mental illness through access to a range of support services.  
Contact Communify on Ph: 1800 661 116  

(RESP-ECCT is a consortium of 3 agencies, Communify, QPASTT and MDA)

**The Good Start Program**
Improve the health and wellbeing of Pacific Islander and Maori children and families. The program will focus on working with communities to help families build their skills, knowledge and confidence about healthy eating and lifestyles.

Phone: 07 3250 8605

*Also see Neighbourhood Centres in Family Support section*
Dental

Community Oral Health Eligibility child age 4 – until the end of year 10.
Call centre Phone: 1300 650 002 or 07 5433 8596


The Child Dental Benefits Schedule (CDBS) commenced on 1 January 2014 and provides access to benefits for basic dental services to children aged 2-17 years.

The total benefit entitlement is capped at $1,000 per child over a two calendar year period. The CDBS has a means test, which requires receipt of Family Tax Benefit Part A (FTB-A) or a relevant Australian Government payment.

The CDBS provides individual benefits for a range of services including examinations, x-rays, cleaning, fissure sealing, fillings, root canals and extractions. Benefits are not available for orthodontic or cosmetic dental work and cannot be paid for any services provided in a hospital.

Disability

Disability services
The Department of Communities, Child Safety and Disability Services helps people with a disability and their families to access the support and services they need as they move through the different stages of their life.

Regional offices:

Nundah Phone: 07 3406 9000   Fax: 07 3406 9076
Strathpine Phone: 07 3293 7500 Fax: 3384 8261 (new phone/fax)
Caboolture Phone: 07 5431 2250 Fax: 07 5495 1945

Commonwealth Respite Carelink Centre
Centres assist carers with options to take a break through short-term and emergency respite services. They also provide advice on and coordinate access to respite services in a carer’s local area.

Phone: 1800 052 222

Lifetec
LifeTec is focused on providing free specialist information and advice from health professionals to maximise independence and safety.

Address: 400 Newmarket Rd, Newmarket QLD 4051
Phone: 1300 885 886
Weblink: www.lifetec.org.au/

Ablecare Foundation
Ablecare was established in 1996 to provide quality, flexible disability and care support for children and adults with special needs throughout their life. Ablecare offers Disability - Children and Adults, Aged Care, Therapy and Education Support.

Phone: 1300 147 583
Central Office Mon-Fri 8.30am – 5pm Ph: 07 3817 8700
Web: www.ablecare.org/

Autism Queensland
Community based organisation dedicated to bringing about positive change in the lives of children and adults with ASD.

General enquiries (Sunnybank) Phone: 07 3273 0000
Brighton school Phone: 07 3631 6300

Cerebral Palsy League Qld
Provides information, support and services for families of children and adults with cerebral palsy.

Phone: 1800 275 753
Web: www.cpl.org.au

Cystic Fibrosis Queensland
This organisation offers a range of support programs to assist people living with cystic fibrosis and their families.

Phone: 1800 232 823
Web: www.cysticfibrosis.org.au

Developing Foundation
Provide support to families with children or adults who have suffered either a congenital (at or near birth) or a traumatic brain injury.

Address: 14 Munro St, Auchenflower QLD 4066
Phone: 07 3871 0530
Down Syndrome Association of Queensland
This is an organisation which is managed by parents and people with Down syndrome. DSAQ supports, informs, advocates and provides a chance for get together for children and adults with Down Syndrome.

Phone: 07 3356 6655 or 0438 172 037 (24 hours)
Web: www.dsaq.org.au/

Mamre Association
Brisbane based non-profit organisation supporting families which have children with a disability.

Address: 40 Finsbury Street, Newmarket QLD 4051
Phone: 07 3622 1222
Fax: 07 3622 1244
Web: www.mamre.org.au/

Montrose Access
MontroseAccess provides therapy, respite and recreation services to more than 600 children and young adults with physical disabilities throughout Queensland.

General Enquiries Phone: 07 3379 9200
Brisbane North Office Phone: 07 3881 7900
Address: Brisbane North Office, 2/3 Jockers Street, Strathpine QLD 4500
Web: www.montroseaccess.org.au/access-our-services.aspx

Noah’s Ark
Specialist services for children with disabilities and special needs. Playgroups, carer support groups, special needs advisors, inclusion support agency.

Brisbane North Office Phone: 1300 497 437
Web: http://www.noahsark.net.au/index

Parent Connect
Support to parents of children with a disability or who are developmentally delayed (0-6yrs) or older children (over 6 yrs) with a newly acquired or an identified disability.

Brisbane North Phone: 07 3713 2602
Caboolture Phone: 07 5428 1479
Web: http://www.parentconnect.org.au/

Spina Bifida Hydrocephalus (SBH) Queensland
SBH Queensland provides services to children with spina bifida and hydrocephalus and their families to help them prepare their child for life at school and beyond.

Phone: 07 3844 4600
Web: www.spinabifida.org

Xavier
Xavier Family Support Services is a Brisbane-based support organisation for families of children/young adults aged 0-21 who have high support needs arising from a variety of disabilities including physical, sensory, intellectual and autistic spectrum disorders.

Children’s support network North office (Bald Hills)
Phone: 07 3261 6950 Weblink: www.xcsn.org/
Family Services

Bribie Island Neighbourhood Centre
A Family Support Service providing individual, family and child counselling for families with children aged 17 or under. This service has helped many families to get back on track when faced with difficulties concerning their children’s development or behaviour, or difficult relationship issues including the challenges arising in blended families.

Address: 9 Verdoni Street, Bellara, QLD
Phone: 07 3408 8440
Web: www.bribieislandnc.org.au/contact-us

Caboolture Neighbourhood Centre
RAaFTS is a free service which caters for the needs of local families who have children between 0 and 17 years living in the family home. The professional support provided by this program assists families to address behavioural and communication issues which are causing stress within the home.

Bursting Angry Bubbles Course
Anger management for children aged 6-14yrs.
Address: 9 George Street, Caboolture, QLD
Phone: 07 5495 3818

Deception Bay Neighbourhood Centre
Outreach Families Program
This program aims to improve the capacity of vulnerable families and caregivers to respond appropriately to children’s needs for care, development and safety by providing support in their parenting role.

For Families in Neighbourhoods
This program aims to develop and deliver affordable and accessible preventative and early intervention programs. These include counselling, volunteer personal support to families and social connection activities. A range of other services are available at the neighbourhood centre including: Bus Shopping trips, school holiday programs, children’s dance group, choir, playgroup, Peninsula Legal Service, Smith Family, Gambling Help Service, Computer Tutoring, Tax Help.

Address: 24 Endeavour Street, Deception Bay, QLD 4508
Phone: 07 4508 3204 2022
Web: www.dbnc.org.au

Life Without Barriers
Community-based programs assist children, young people, adults, families and communities. Our work spans across care and protection, disability, mental health, homelessness, youth justice and immigration.

Address: Fortitude Valley Regional Office Level 3, 42 Amelia Street, Fortitude Valley, QLD
Phone: 07 3633 1500
Web: www.lwb.org.au/Pages/default.aspx

New Farm Neighbourhood Centre
Working with the community towards social justice, diversity and inclusion in Brisbane’s inner city. Play group, legal help, community garden, yoga

Address: 967 Brunswick St, New Farm QLD 4005
Phone: 07 3358 5600
Web: http://newfarmneighbourhood.org/

Nundah Neighbourhood Centre
Social support and counselling, free legal services, English, Mandarin and Spanish classes, resume writing and job search assistance, playgroup, community garden, information and referrals

Address: 14 Station Street Nundah QLD 4012
Phone: 07 3260 6820
Web: www.nundahcc.org.au/
Pine Rivers Neighbourhood Centre

**Kids Friends Mentoring Program**

This program is free for kids within our Family Support Program (aged 6-16 years). The program links volunteer ‘friends/mentors’ with kids who for various reasons lack a special adult companion to share problems, interests and some good times. Young people on the program may have lost a parent through death or separation, may come from families who are experiencing considerable stress or may be children with other needs.

Friends are volunteers over the age of twenty. They are reliable, patient and understanding people who make a commitment to visiting a young person on a weekly basis for a minimum of 1 year.

Address: 865 Gympie Road Lawnton QLD 4501
Phone: 07 3889 0063
Web: [www.prnc.org.au/](http://www.prnc.org.au/)

Redcliffe Neighbourhood Centre

The services provided by the Redcliffe Centre include:

- **Family Support:** which provides assistance to parents and children who are trying to cope within a family environment.
- **Humpybong Place:** a safe and neutral contact place for parents and children.
- **Family Therapy:** providing counselling to kids (aged 8 and over), parents and families who are dealing with relationship or family issues.
- **Domestic Violence Support:** which provides women who have been victims of domestic violence with support, advocacy advice and referrals.

Address: Lamington Drive, Redcliffe QLD 4020
Phone: 07 3284 1111

Sandgate and Bracken Ridge Action Group (SANDBAG)

At SANDBAG we support active and inclusive communities by connecting people to activities, programs and services, and creating opportunities with them to connect with their peers.

Web: [www.sandbag.org.au/](http://www.sandbag.org.au/)

Sandgate Community Centre
Phone: 07 3869 3244
Address: 153 Rainbow Street, Sandgate QLD 4017
Open to the general public: Tues-Fri 9am-2pm

Bracken Ridge Neighbourhood Hub
Phone: 07 3269 0277
Address: 77 Bracken Street Bracken Ridge QLD 4017
Open to the general public: Tues-Fri 9am-5pm (by appointment)
Healthy and Active (Nutrition and Exercise)

Healthy and Active Moreton guide
A variety of fun ways to stay active in your local community. Getting active identifies free or low cost options and provides details to get active by exploring the local community.


Nutrition Australia Qld
At NAQ Nutrition, we see our role as empowering the community with skills and knowledge so they are better able to access and prepare healthy food no matter where and in what social circumstance they live.

Web: www.naqld.org/

PEACH Program
The PEACH™ program is a parent-led healthy lifestyle program that supports parents and carers who are struggling to manage their child’s weight. It offers families practical advice and information about healthy eating options and ways to increase levels of physical activity. The program is available free for families with a child aged 5-11 years whose weight is above what is recommended for their age.

Housing and Accommodation

Lions Youth Emergency Accommodation Centre (Pine Rivers) Inc. (LYEAC)
Providing short to medium term accommodation and support to youth aged 11 – 15yrs within our community.

Postal Address: PO Box 284, Lawnton QLD 4501
Web: www.lyeac.lionsq3.org.au/

North West Youth Accommodation
Specialist Homelessness Service that is funded by the Queensland Government to provide support and accommodation to young people aged 16 – 25yrs.

Address: 5/12 Blackwood Street, Mitchelton QLD 4053
Phone: 07 3855 5233
Fax: 07 3855 5266
Web: www.nwyas.org.au/

Youth Emergency Service
Provide specialist accommodation and support services to young people who are homeless or are at risk of homelessness.

Phone: 07 3357 7655
Web: www.youthemergencyservices.org.au/

Youth Housing Project
Provides medium term supported housing for young people (aged 16 to 20 years) who are experiencing homelessness or at risk of becoming homeless.

Address: 246 Sandgate Rd, Albion QLD 4010
Phone: 07 3256 0241
Fax: 07 3256 0141
Web: http://yhp.org.au/
Lactation Services

Australian Breast Feeding Association
Breastfeeding information and support service.
Web: www.breastfeeding.asn.au/

The Royal Brisbane and Women's Hospital Lactation Service
The Lactation Service Outpatient Clinic is a breastfeeding support service.
It is available to both public and private clients of The Royal Brisbane and Women's Hospital
Phone: 07 3636 2250
Medicare Item Numbers

Better Start for Children with Disability
   • Fact sheet for health professionals
   • Fact sheet for parents/carers

Helping Children with Autism
   • Fact sheet for health professionals

Healthy Start for School Initiative
   • Healthy Start to School Initiative - info from Family Assistance Office
   • Healthy Kids Check resource kit
Mental Health Services

Brisbane MIND4KiDS
Brisbane North PHN program
Under 12 years, no diagnosis needed. Supports people who are disadvantaged to access mental health care.

Phone: 07 3630 7300

Brisbane MIND
Brisbane North PHN program
For people over 12yrs. Supports people who are disadvantaged to access mental health care.

Phone: 07 3630 7339

COPMI (Children of Parents with a Mental Illness) Koping program
Kidz Koping is a therapeutic program aimed at supporting children in families affected by mental illness and/or drug/alcohol problems.
- Gaining Ground (14-17 years old) therapeutic support groups
- Middle Earth (10-13 years old) therapeutic support groups
- Wishing Well (7-9 years old) therapeutic support group

Caboolture Phone: 07 5316 3100
Fax: 07 5499 3171
Web: www.copmi.net.au/component/sobipro/2613-QLD-Redcliffe-Caboolture--Kidz-Koping-Program.html

Child & Youth Mental Health Services (CYMHS)

Caboolture CYMHS: 12 King Street Caboolture QLD 4510
Redcliffe CYMHS: 181 Anzac Avenue Redcliffe QLD 4020

Referrals Phone: 07 5316 3100
Fax: 07 5499 3171

Nundah, Pine Rivers and North West CYMHS
Provide comprehensive assessment, treatment and management for 0-18 year olds with severe and/or complex mental health problems.

To make a referral, contact the intake clinician at your nearest community clinic.

Nundah CYMHS: 10 Nellie Street, Nundah QLD 4012, Phone: 07 3146 2300, Fax: 07 3146 2420
Email: CYMHS-N-Intake@health.qld.gov.au

Pine Rivers CYMHS: 568 Gympie Road, Strathpine QLD 4500, Phone: 07 3817 6380, Fax: 07 3817 6375,
Email: PRCH-CYMHS-Intake@health.qld.gov.au

North West CYMHS: 54 Corrigan Street, Keperra QLD 4054, Phone: 07 3335 8888, Fax: 07 3335 8741,
Email: NWCHC-CYMHS-Intake@health.qld.gov.au

CYMHS Extended Hours Service (EHS)
The service operates 3:00 – 10:00pm Monday - Saturday.

Contact: Extended Hours Clinician Phone: 07 3646 9027, Fax: 07 3646 1863
Email: CymhsEXTHRS@health.qld.gov.au

Evolve Therapeutic Services - Brisbane North
Evolve Therapeutic Services work within an overarching interagency model to provide mental health therapeutic interventions for children and young people in the child protection system with extreme and complex emotional/behaviour issues. This is achieved through the provision of intensive therapeutic
interventions and a coordinated partnership with key government and non-government and private sector agencies.

Contact Team Leader for enquiries
Address: 289 Wardell Street, Enoggera QLD 4051
Phone: 07 3355 8999
Fax: 07 3355 8928

**Early Years Specialist Teams**
For all teams, Phone: 07 3266 3100 or Fax: 07 3266 4522

**Future Families**
Future Families is an Infant Mental Health Service. Referrals are accepted for infants (conception to 36 months) living in families with severe and complex needs, and where there is concern that the mental health of the infant may be compromised, in the context of a disturbed or disordered parent-infant relationship or the risk of such a relationship. Referrals are made by contacting Future Families directly and requesting to speak to the intake officer.

Contact: Intake Officer, Future Families, Nundah Cottages Enquiries Phone: 07 3266 3100

**Queensland Centre for Perinatal Infant Mental Health**
The Queensland Centre for Perinatal Infant Mental Health (QCPIMH) functions as a statewide hub of expertise in perinatal and infant mental health to provide consultation, liaison and support to public mental health services and the broader community sector, utilising whole-of-government and cross-sectoral clinical and community partnerships and networks.

The aim is to develop, support and promote accessible and responsive perinatal and infant mental health services that are culturally sensitive, family centred and operate within a partnership focussed collaborative framework to provide a seamlessly integrated system of care. Volunteer Parent Aides home visit families with children aged 0-5 years for 2 hours per week for up to 12 months providing parenting, practical and emotional support. Referred families need to have an identified case manager in place and reside in the Royal Children’s Hospital catchment.

Email: PIMH@health.qld.gov.au
Brisbane based: Program Director and Service Development Leader, Phone: 07 3266 3100, Fax: 07 3266 4522
Cairns based: Service Development Leader, Phone: 07 4226 3400

**Telepsychiatry Service**
**eCYMHS**
eCYMHS is a co-ordinated telepsychiatry service linking specialist child and adolescent psychiatry and allied health expertise via videoconference, telephone and email to CYMHS practitioners in rural and remote areas across northern and central areas of Queensland. eCYMHS operates between a central hub attached to the Royal Children’s Hospital Children’s Health Service and the CYMHS clinics in these areas. All referrals to the service are made to the CYMHS clinics at these rural sites.

Contact: eCYMHS Coordinator on 07 3310 9444.

**Forensic Services**
Phone the Intake Officer for the required team on 07 3310 9444.

**Child and Youth Forensic Outreach Service (CYFOS)**
CYFOS are a consultation-liaison service whose target population are young people with mental health needs and offending behaviours. CYFOS provide assistance with intervention planning, specialised assessments, advice and information and training on forensic mental health. In some cases, CYFOS can provide clinical case management of clients who remain the responsibility of the referring agency. Referrals are taken from CYMHS and Youth Justice Services in the Central and Southern Health Areas of Queensland.

**Mental Health Alcohol Tobacco and Other Drugs Service (MHATODS)**
MHATODS offers multidisciplinary clinical assessment and intervention plus program development to assist young people in the Brisbane Youth Detention Centre (BYDC) experiencing acute mental health problems. In
many cases, this requires integrated treatment for their co-existing substance use problems. MHATODS also
caters to the cultural needs of indigenous young people in detention through the involvement of an
indigenous health worker, who can facilitate their access to the clinical services offered by MHATODS
clinicians. Contact MHATODS if you are working with a young person admitted to BYDC.

**Assertive Mobile Youth Outreach Services (AMYOS)**
AMYOS is delivered by multidisciplinary mental health clinicians, who provide recovery-oriented assessment
and assertive treatment and care for young people with complex mental health needs in the family home or
community. Ph: 3646 5566

Seven assertive mobile youth outreach service (AMYOS) teams are currently being recruited by Children’s
Health Queensland and other Hospital and Health Services. These teams will be located in north Brisbane,
south Brisbane, Redcliffe/Caboolture, Logan, Gold Coast, Darling Downs, and Townsville.

**Hospital-based Services**

**Child and Family Therapy Unit (CFTU), Lady Cilento Children’s Hospital**
CFTU provides inpatient psychiatric care for children up to and including 13 years. CFTU offers
Multidisciplinary assessment and treatment in an inpatient setting.
Contact: Intake Officer Phone: 07 3068 2520 Fax: 07 3068 2509

**Adolescent Inpatient Unit (Lady Cilento Children’s Hospital)**
Phone: 07 3068 2560
Fax: 07 3068 2569

**Adolescent Extended Treatment and Rehabilitation Service**
For all services, enquiries to the Acute response team Lady Cilento Children’s Hospital
Phone: 07 3068 2550

**Adolescent Inpatient Unit (managed by the Royal Brisbane Women’s Hospital, Herston)**
Acute inpatient psychiatric care for young people 14-17 years old. To arrange:-
Acute admission: Contact intake officer after up-to-date assessment is completed, which ideally can be
faxed. If such assessment cannot be done at CYMHS, it should be done at the nearest place of safety.
Diagnostic admissions: Can be planned and tend to be time limited. Enquiries including clinical queries can
be directed to the intake officer.

Contact: Intake officer, Phone: 07 3646 1179, Fax: 07 3646 8646
Contact: Extended Hours Service after 4.30pm, Monday – Saturday, Phone: 07 3636 9027 Fax: 07 3646
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**Adolescent Drug and Alcohol service**
Hothouse Biala 270 Roma Street, City Phone: 07 3837 5633
Hothouse Redcliffe 27 Redcliffe Pde Redcliffe Phone: 07 3897 6300
Caboolture Community Health Phone: 07 5433 8300
Chermside Community Health Phone: 07 3139 4633 24hr (free call) 1800 177 833

**Bust Out Youth**
Web: [www.bustoutyouth.com/](http://www.bustoutyouth.com/)
Website is an online gateway to youth services in the Moreton Bay region

**Brisbane Youth Services**
We assist young people to find and maintain appropriate housing, address physical and mental health
issues, establish successful relationships & support networks and provide them with pathways to education
and long term employment.

**Centre for young families**
Address: 96 Breakfast Creek Rd, Newstead QLD 4005
Phone: 07 3254 2955

**Youth**
42 McLachlan St, Fortitude Valley QLD 4006
Phone: 07 3252 3750
headspace
headspace is the National Youth Mental Health Foundation. We help young people aged 12-25yrs who are going through a tough time.
Web: [www.headspace.org.au](http://www.headspace.org.au/)

Nundah
Address: 1264 Sandgate Road, Nundah QLD 4012
Phone: 07 3370 3900
Fax: 07 3370 3999

Redcliffe
Address: Unit 5-7, 457 Oxley Avenue, Redcliffe QLD 4020
Phone: 07 3897 1897
Fax: 07 3897 1800

Taringa
Address: 5 Moorak Street, Taringa QLD 4068
Phone: 07 3157 1555
Fax: 07 3870 7405

Lutheran Community Care Youth and Family Services
Intercept
Offers a range of services for families and individuals in need. These services include counselling, support and mediation. We also provide crisis accommodation for women and children survivors of family violence.

Address: 11 – 13 Bertha St, Caboolture QLD 4510
Phone: 07 5428 1684
Fax: 07 5432 4956

Open Doors (Youth)
Open Doors provides counselling and support services for lesbian, gay, bisexual and/or transgender (LGBT) young people aged 12 to 24 and their families who live in South East Queensland.

Phone: 07 3257 7660
Web: [www.opendoors.net.au/](http://www.opendoors.net.au/)

SKIP (Supporting Kids in Pain)
Pain management program for children and adolescents

Youth Beyond Blue
Youthbeyondblue, aims to empower young people aged 12–25, their friends and those who care for them to respond to anxiety and depression. We support and promote environments and settings that build on strengths of young people and respond to ongoing change

Phone: 1300 224 636 24hours

Child Sexual Assault

Bravehearts
The Bravehearts national information and support line can be accessed by anyone wanting information or support regarding child sexual assault, including but not limited to parents, carers, adult survivors and professionals such as teachers, guidance officers, doctors and psychologists.

Phone: 1800 272 831 between 8am and 8pm (AEST) Monday to Friday or contact via online
Web: [www.bravehearts.org.au/](http://www.bravehearts.org.au/)
Mothers and Babies

Child Youth and Community Health Service
Ph: 1300 366 039
Post natal home visits and clinic appointments

Queensland Centre for Mothers and Babies
The Queensland Centre for Mothers & Babies (QCMB) is an independent research centre based at The University of Queensland in Brisbane and is funded by the Queensland Government.

Web: www.qcmb.org.au/

Ellen Barron Family Centre
Provide a multi-disciplinary, specialist child health service to families who require support with building practical skills and confidence in parenting. Cater for families living in Queensland, Northern New South Wales and the Northern Territory. Catchment area restrictions apply.

Address: Rode Road, Chermside, QLD 4032
Phone: 07 3139 6500 for the referral template
Fax: 07 3139 6555

Brisbane Westside multiple birth community
BMBA Westside’s goal is to continue to improve the support, assistance, information and resources available to expectant parents and families of multiples from Red Hill to Forest Lake.


Brisbane Multiple Birth Association Northside
Our member families live within the boundaries of the Brisbane River in the south, Glasshouse Mountains in the north, Bribie Island and Redcliffe to the east and Kilcoy to the west.

Web: http://bmbanorthside.amba.org.au/
Parenting Programs and Advice

**BoysTown**
BoysTown offers services that enable families, their children and their communities to find each other and create their own support networks, and sustainable futures.

Phone: 07 3888 0758  
Fax: 07 3888 0559  
Address: 219 Deception Bay Road, Deception Bay QLD 4508  

**CentaCare - Family & Children’s programs**
Counselling Relationship education Children’s programs

Web: [www.centacarebrisbane.net.au/content.php/childrens-programs](http://www.centacarebrisbane.net.au/content.php/childrens-programs)  
Phone: 07 3252 4371

**Family Relationship Advice Line**  
Phone: 1800 050 321

The Family Relationship Advice Line is a national telephone service established to assist families affected by relationship or separation issues. Available from 8 am to 8 pm, Monday to Friday, and 10 am to 4 pm on Saturday (local time), except national public holidays.


**Mission Australia**
RAI (Referred for Active Intervention)

*Deception Bay/ Caboolture*  
Address: 101 The Esplanade, Deception Bay or PO BOX 393, Deception Bay, 4508

*North Brisbane*  
Address: 100 Sixth Ave, Kedron QLD 4032  
Phone: 07 3828 9300

**Parentline**
Parentline is a confidential telephone service providing professional counselling and support for parents and carers of children in Queensland and the Northern Territory.

Phone: 1300 30 1300 (8am-10pm, 7 days a week)  

**Parenting and Family Support Centre**
Specialist family intervention research and training facility within the School of Psychology at The University of Queensland. Also operates the Child and Family Psychology Clinic

Web: [www.pfsc.uq.edu.au/](http://www.pfsc.uq.edu.au/)

**Picabeen**
Provides a range of community development and support services which aims to assist people living in North West Brisbane, including a young parent’s playgroup.

Address: 22 Hoben St, Mitchelton QLD 4053  
Phone: 07 3354 2555  

**Relationships Australia**
To promote relationships that are respectful, fair and safe, particularly where people & communities are at risk or vulnerable.

Chermside, Strathpine, Kenmore, Spring Hill

Phone: 1300 364 277  
Web: [www.raq.org.au/](http://www.raq.org.au/)
Triple P- Positive Parenting Program
Triple P gives parents simple and practical strategies to help them confidently manage their children's behaviour, prevent problems developing and build strong, healthy relationships.

Web: www.triplep.net/glo-en/home/

Uniting Care Caboolture Counselling Centre
Services we provide for children and families include foster care, out of home care, supported accommodation, intervention services as well as child abuse and domestic violence programs. Disability, our largest service, provides respite and family support; services for children and young people; communication support; and emergency support.

Address: 344 King St, Caboolture, QLD 4510
Phone: 07 5428 4200
Fax: 07 5498 9211
Web: www.uccommunity.org.au/moreton-bay-region

Young Parents Program
Phone: 07 3357 9944 (Kedron)

Pregnancy group, young mums group, individual support
YPP is for young pregnant and parenting women who are or were 19 or under when first pregnant, and are still under 23 years.

Web: www.youngparentsprogram.org.au/
Youth Services

BoysTown
BoysTown offers services that enable families, their children and their communities to find each other and create their own support networks, and sustainable futures.

Address: 219 Deception Bay Road, Deception Bay QLD 4508  
Phone: 07 3888 0758  
Fax: 07 3888 0559  

Brisbane Youth Services
We assist young people to find and maintain appropriate housing, address physical & mental health issues, establish successful relationships & support networks and provide them with pathways to education and long term employment.

Centre for young families
Address: 96 Breakfast Creek Rd, Newstead QLD, 4005  
Phone: 07 3254 2955

Youth
42 McLachlan St, Fortitude Valley QLD, 4006 Phone: 07 3252 3750

Web: www.brisyouth.org/

Open Doors (Youth)
Open Doors provides counselling and support services for lesbian, gay, bisexual and/or transgender (LGBT) young people aged 12 to 24 and their families who live in South East Queensland.

Phone: 07 3257 7660  
Web: www.opendoors.net.au/

PCYC activities
Youth development, Indigenous and children’s programs  
Fortitude Valley, Zillmere, Sandgate, Everton Hills, Pine Rivers, Redcliffe, Deception Bay, Caboolture

Web: http://pcyc.org.au/

South Pacific Youth Justice Inc
Supporting Pacific communities’ Young Generation and their families when involved with the Police, Court and Prison.

Address: 6 Summer Street, Deception Bay, QLD  
Mrs. Theresa Butler and Rev. Manutoao Veve Campbell  
Phone: 07 5428 0940 Mobile: 0412 264 379

Visible Ink Valley
Work with young people to identify projects in their communities individually and as groups, providing resources, information, training and support for them to reach their goals.

Address: 5 Green Square Close Fortitude Valley, QLD, 4006  
Phone: 07 3403 0136  
Web: http://visibleink.org/

Youth Advocacy Centre
Voluntary service to assist young people with legal issues, problems at school, accommodation, income, victim of crime, discrimination or general hassles.

Web: www.yac.net.au/  
Address: 196 Newmarket Road, Wilston 4051  
Phone: 07 3356 1002
Youth Outreach Services
Aim to contact and engage with young people 12 to 20 years of age (inclusive) who are “at risk” of homelessness or are homeless and/or in need of support.

Fortitude Valley, Stafford, Lawnton
Phone: 0409 628 824
Volunteer Support Services

Centacare
Parish-based volunteer groups serve their local community by responding to the needs of people in neighbourly practical ways.

Care and Concern Community Outreach Phone: 07 3399 5671 (Head office is Cannon Hill branch)

Caboolture Community Action
Offer practical outreach support and encouragement to people in the local Caboolture/Morayfield area who were experiencing extreme hardship, homelessness or were at risk of homelessness.

Web: www.caboolturecommunityaction.com/

The Pyjama Foundation
Volunteer service for children in care.

Phone: 07 3256 8802
Web: www.thepyjamafoundation.com