

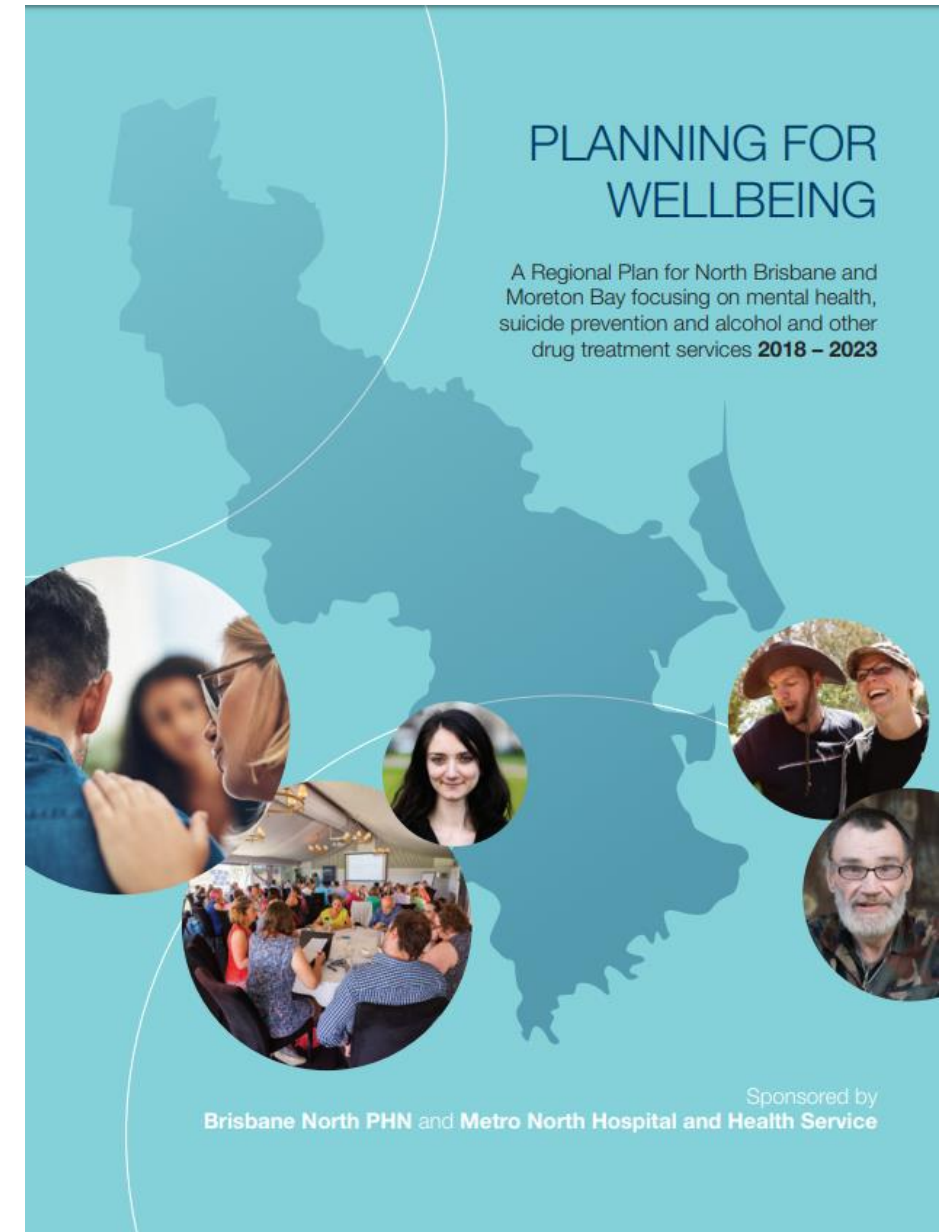
Planning for Wellbeing

A Regional Plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services
2018 - 2023



Overview of Session

- What is *Planning for Wellbeing*?
- Why have we developed *Planning for Wellbeing*?
– the Policy Context
- How the PHN and HHS are working together to progress *Planning for Wellbeing*?
 - Governance
 - Aligned Frameworks and Vision
 - Key Achievements to date
 - Ongoing commitments & future priorities

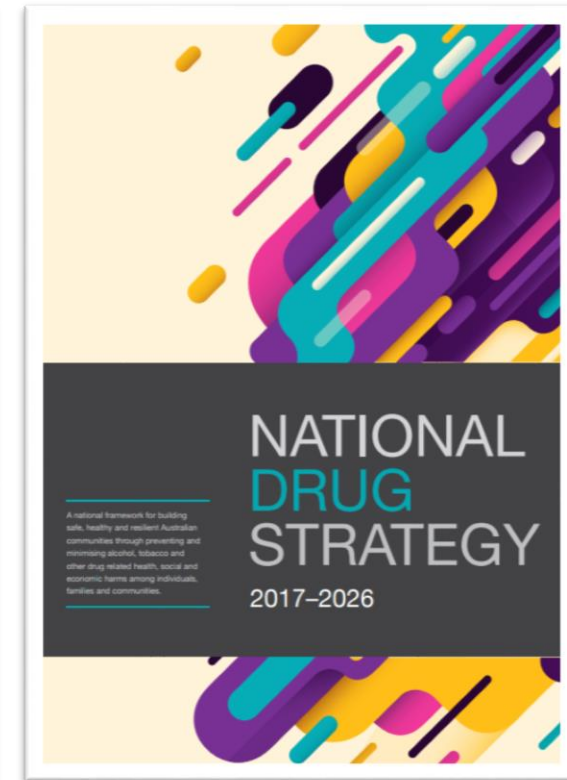


What is Planning for Wellbeing?

- A Regional Plan for North Brisbane and Moreton Bay focusing on mental health, suicide prevention and alcohol and other drug treatment services 2018-2023.
- It identifies significant opportunities for service and system improvement across three discrete and complementary areas of work – mental health, suicide prevention and alcohol and other drug treatment.
- It articulates a suite of shared objectives, and associated actions, that reflect the shared commitment to action of healthcare practitioners and organisations across the region.
- Jointly sponsored by Brisbane North PHN and Metro North HHS.



National Policy Position



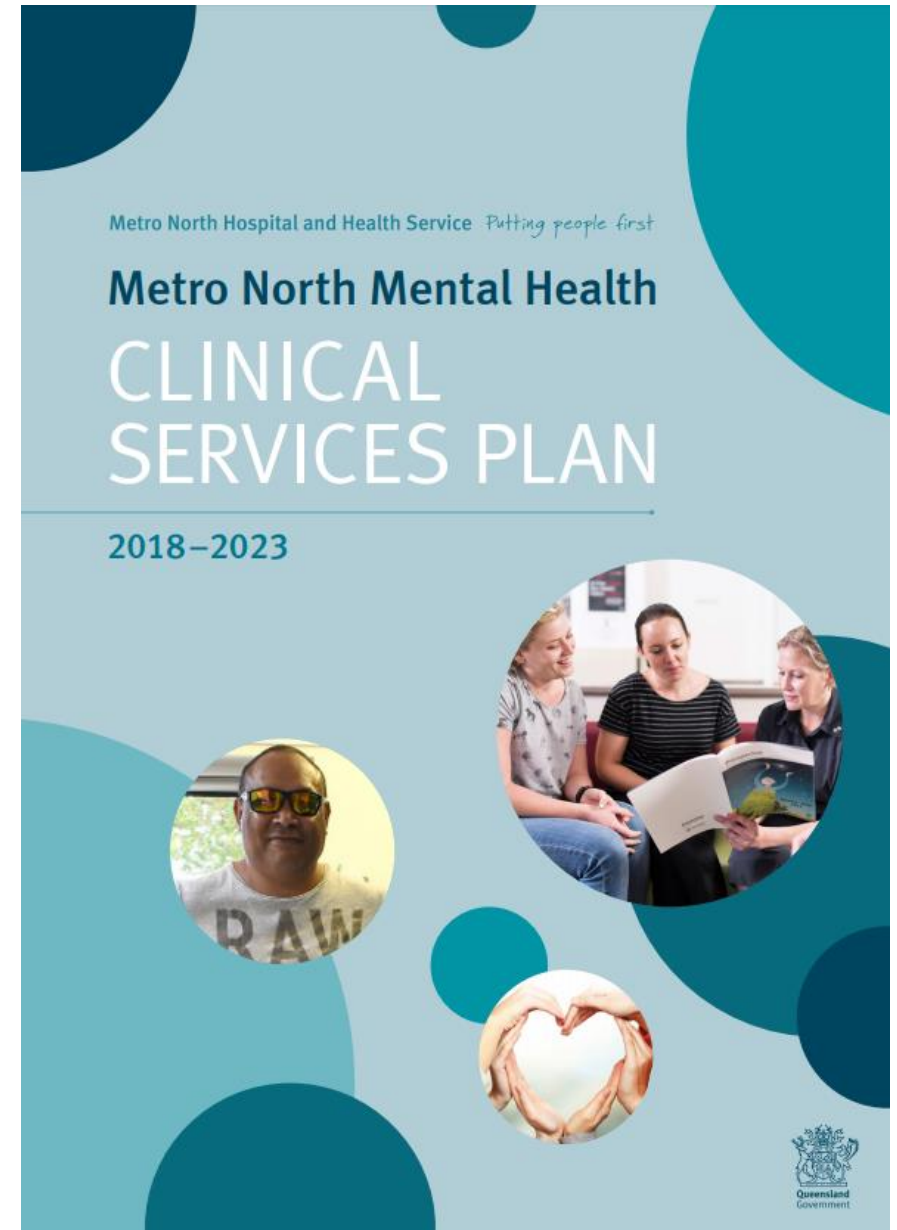
National Policy Position

- The **Fifth National Mental Health and Suicide Prevention Plan** specifically tasks PHNs and HHSs with 'developing joint, single regional mental health and suicide prevention plans and commissioning services according to those plans' (Action 2.5)
- The **National Drug Strategy** provides a guide for jurisdictions in developing their individual responses to local alcohol and other drug issues, with the expectation that each jurisdiction will develop their own action plan detailing local priorities and activities to be progressed.

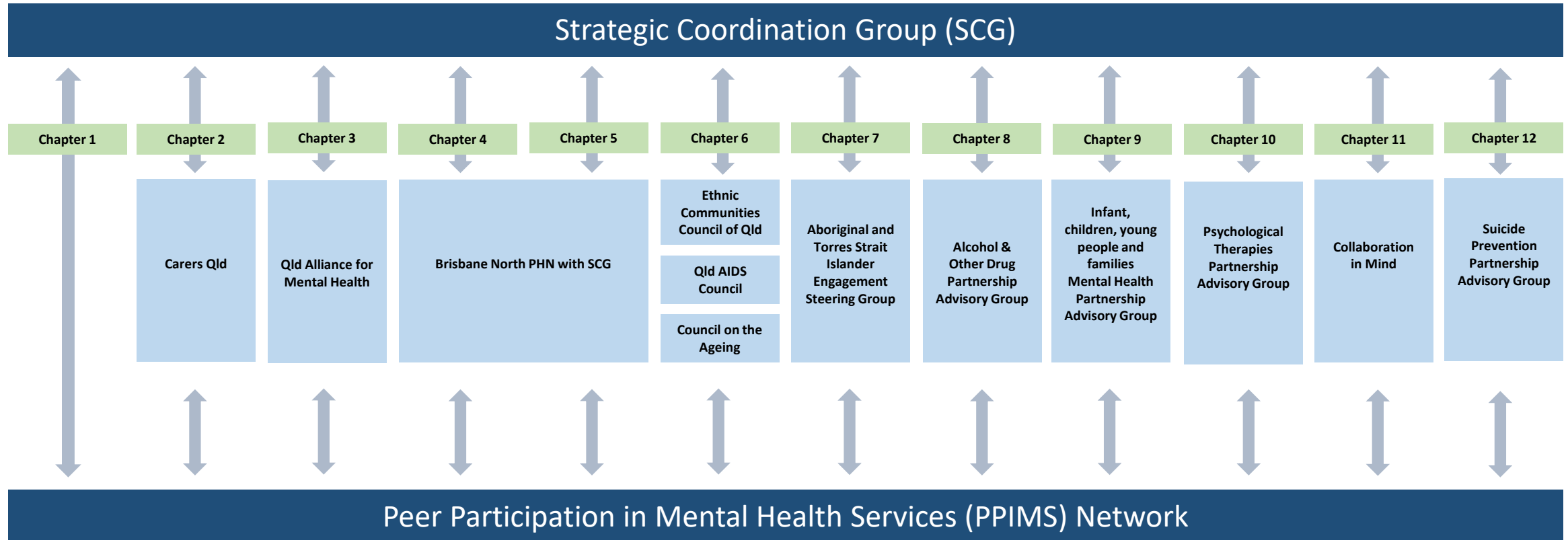


Working Together to Progress *Planning for Wellbeing*

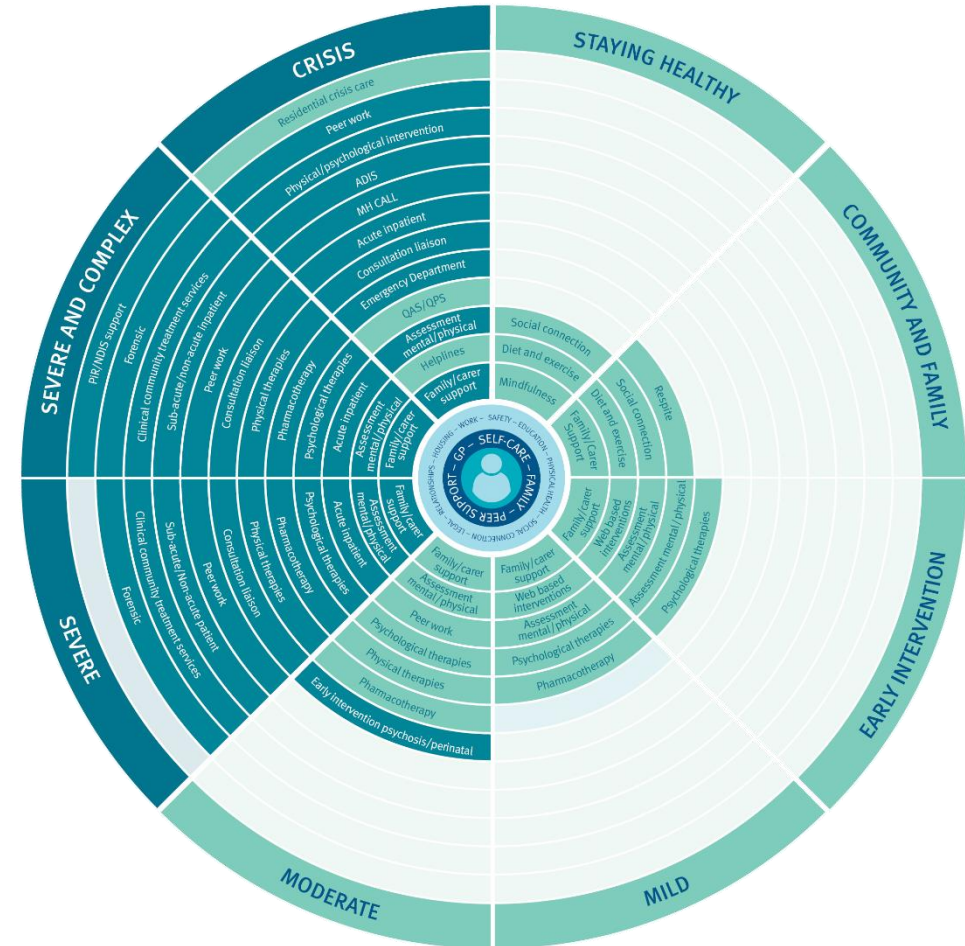
- Sitting alongside *Planning for Wellbeing* is the Metro North Mental Health *Clinical Services Plan* 2018-2023.
- The *Clinical Services Plan* is focused on the services delivered by Metro North HHS within its facilities, complementing the focus of *Planning for Wellbeing*.



Governance Mechanisms



Aligned Frameworks



Shared Vision

As co-sponsors of Planning for Wellbeing, both the PHN and the HHS commit to the vision articulated by the Queensland Mental Health Commission in their Strategic Plan (*Shifting Minds*):

“A fair and inclusive Queensland where all people can achieve positive mental health and wellbeing and live lives with meaning and purpose”



Key Achievements to date from *Planning for Wellbeing*

Using the National Mental Health Service Planning Framework (NMHSPF) as a common planning tool to guide local planning and resource allocation.

- The tool provides a comprehensive model of the mental health services required to meet localised population needs, and is designed to assist with planning, coordinating and resourcing mental health services.
- The PHN and HHS have staff trained to use the tool, and have already used the detailed *care profiles* and *service types* to inform planning and procurement.
- Next steps include joint development of a resourcing plan which will guide ongoing changes to best meet the population health needs of our region.



Key Achievements to date from *Planning for Wellbeing*

Guided by a common planning tool (NMHSPF), Qld Health and the Brisbane North PHN commissioned complementary services for the Brisbane North region.

- This maximised the investment available for the region, and reduced likelihood of duplication;
- Qld Health, working closely with HHS, have established *Hospital to Home* – a community-based service supporting HHS patients through a supportive discharge, and then follow-up support provided in the community.
- Acknowledging that not all people with severe mental illness will be connected with the HHS, Brisbane North PHN commissioned a complementary service for non-HHS patients – establishing three mental health hubs, offering clinical and psychosocial support for people in the community.



Ongoing Commitments

- **Supporting Inclusive and Representative Partnership groups**
 - Raise the profile / improve shared ownership of Planning for Wellbeing
 - Exploring opportunities to expand partnerships – to support actions e.g. Suicide Prevention Australia
 - Enhancing consumer and carer participation in all sectors
- **Public Reporting against Planning for Wellbeing**
 - Annual reports against all actions in Planning for Wellbeing will be publically available, with the first report due for release in November 2019. The report will provide an overview of the status of each action, highlight key achievements and challenges, and note where changes have been recommended for future activity.



Ongoing Commitments

- **Supporting Navigation of the Changing Sector**

- Given the considerable changes to the sector, the PHN has established a small telephone based service navigation team to help people and providers find the services they need. The PHN and HHS are exploring opportunities to link this with the centralised public mental health system 1300 MHCALL.
- Continue to roll out electronic assessment and referral system rediCASE which supports referrers (GPs and service providers) find and connect to the right services.

- **Continued coordination between services to ensure collaboration**

- Ongoing commitment between Qld Health, HHS and PHN funded services supporting people with severe mental illness to work together to minimise disruption and ensure smooth transition between services where necessary.



Future Priorities

All actions in *Planning for Wellbeing* are priorities – but key work will include:

- Utilising any new funds available in the region to progress priority activity – eg:
 - Additional Commonwealth psychosocial funding investment supported establishment of three new Integrated Mental Health Service Hubs (*action 5.2.1*):
 - **Recovery and Discovery Centre** – RBWH catchment;
 - **Living and Learning Centre** – TPCH catchment &
 - **Floresco Caboolture** – Redcliffe/Caboolture catchment
 - Additional Qld Health funding investment supported establishment of Hospital to Home – offering psychosocial supports to people discharged from Metro North MHS (*shared objective 11.6*).
 - Additional Commonwealth funding for mental health services for residents of aged care facilities has supported in-reach services into more than 30 RACFs – with this figure continuing to increase (*action 5.1.2*).
 - Additional Commonwealth and State funding to support establishment of Safe Spaces in the region (*actions 11.5.2, 11.5.3 & 12.2.6*)



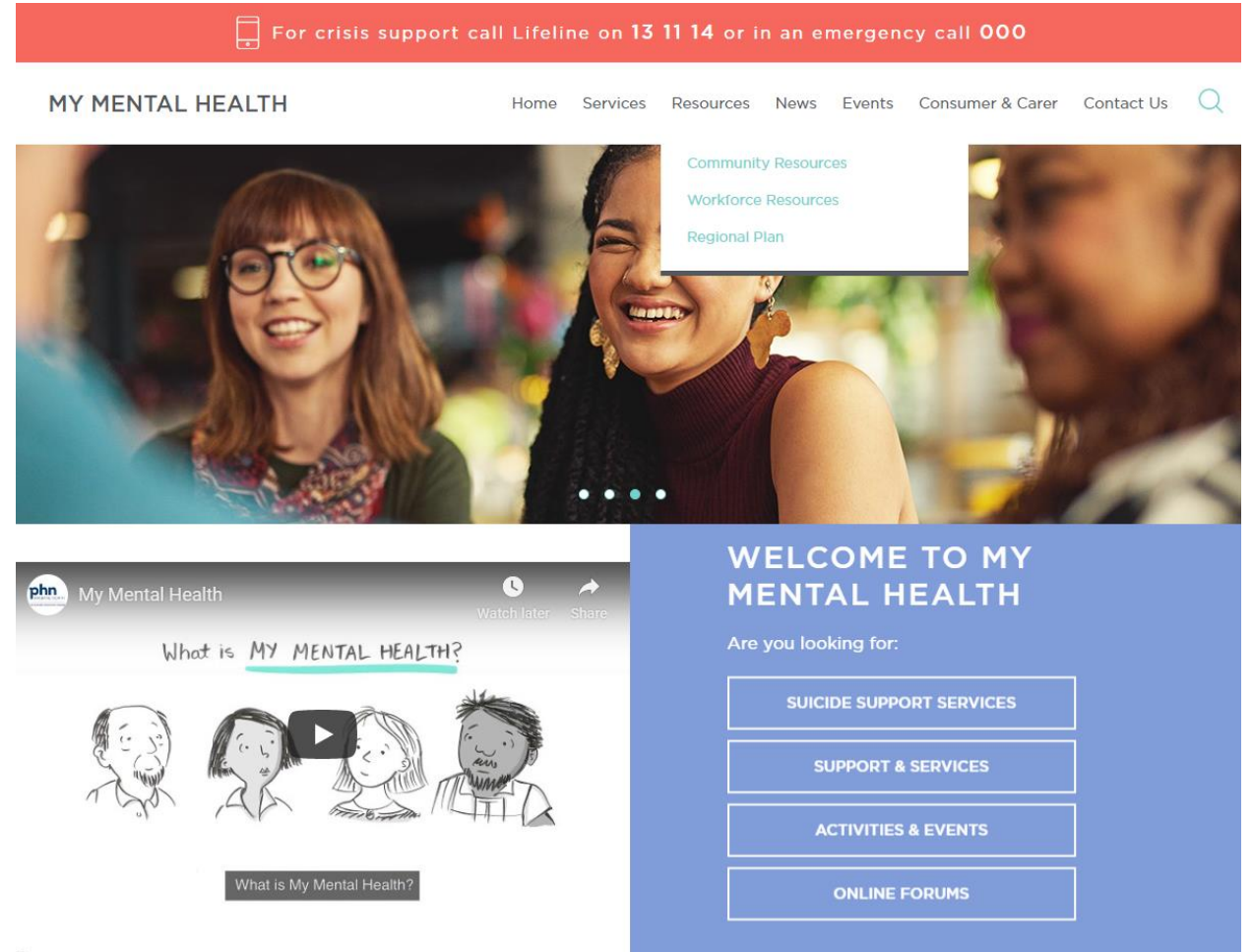
Future Priorities

- Re-orienting Investment and Service Models
 - All levels of Governance are encouraged to identify opportunities to re-orient investment and/or service models to achieve shared objectives.
- Workforce Planning
 - The growth and expanded workforce needs of the region have been noted – and whilst a few resources exist, there is no plan to address the needs. The Strategic Coordination Group agreed to seek a strategic commitment from both State and Commonwealth Governments, the Qld Mental Health Commission, and the relevant peaks.



Further Information

- www.mymentalhealth.org.au
- Revamped website coming in 2020
 - Dashboard of progress
 - Annual report against Plan
 - Highlighting achievements
- Download the Plan
- Communiques



Thank you

Ms Tonita Taylor:

tonita.taylor@brisbanenorthphn.org.au

Professor Brett Emmerson:

brett.Emmerson@health.qld.gov.au

